

BLOKS EXPORT BLACK CHERRY

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|-------------------------|---------|--------|---------|---------|---------|-----------|
| Languages | English | French | German | Finnish | Swedish | Norwegian |
| Export Countries | UK | France | Germany | Finland | Sweden | Norway |

| | |
|---------------|--------------------------------------------------------------------------------------------------------------------------------------------------------|
| UK, IE | ENERGY CHEWS — BLACK CHERRY FLAVOUR FOOD SUPPLEMENT WITH CARBOHYDRATES, GREEN TEA EXTRACT (CAFFEINE) AND POTASSIUM |
| FR | GOMMES ÉNERGÉTIQUES — GOÛT CERISE NOIRE COMPLÉMENT ALIMENTAIRE À BASE DE GLUCIDES, D'EXTRAIT DE THÉ VERT (CAFÉINE) ET POTASSIUM |
| DE | ENERGIE KAUBONBONS - SCHWARZKIRSCHGESCHMACK NAHRUNGSERGÄNZUNGSMITTEL MIT KOHLENHYDRATEN, GRÜNTEE-EXTRAKT (KOFFEIN) UND KALIUM |
| FI | PURESKELTAVA ENERGIAVALMISTE – MUSTAN KIRSIKAN MAKUINEN RAVINTOLISÄ, JOKA SISÄLTÄÄ HIILIHYDRAATTEJA, VIHREÄTUUUTETTA (KOFFEINI) JA KALIUMIA |
| SE | ENERGY CHEWS — SMAK AV MÖRKA KÖRSBÄR KOSTTILLSKOTT MED KOLHYDRATER, EXTRAKT AV GRÖNT TE (KOFFEIN) OCH KALIUM |
| NO, DK | ENERGIBITER — SMAK AV SVARTE KIRSEBÆ KOSTTILSKUDD MED KARBOHYDRATER, EKSTRAKT FRA GRØNN TE (KOFFEIN) OG KALIUM |

Multi Column: Clif ShotBlok Blk Cherry *

Multi-Column

| Nutrients | Per Serving | Per 100g | Nutrients | Per Serving | Per 100g |
|--------------------------------|-------------|----------|-----------------------------|-------------|----------|
| Basic Components | | | Vitamin B6 (mg) | 0 | 0 |
| Gram Weight (g) | 30.00 | 100.00 | Vitamin B12 (mcg) | 0 | 0 |
| Calories (kcal) | 95.15 | 317.15 | Biotin (mcg) | 0 | 0 |
| Calories from Fat (kcal) | 0.41 | 1.35 | Vitamin C (mg) | 0.29 | 0.96 |
| Calories from SatFat (kcal) | 0.07 | 0.22 | Vitamin D - IU (IU) | 0 | 0 |
| Protein (g) | 0.34 | 1.15 | Vitamin D - mcg (mcg) | 0 | 0 |
| Carbohydrates (g) | 23.23 | 77.44 | Vitamin E - Alpha-Toco (mg) | 0 | 0 |
| Total Dietary Fiber (g) | 0.36 | 1.19 | Folate (mcg) | 0 | 0 |
| Total Soluble Fiber (g) | 0.02 | 0.07 | Folate, DFE (mcg DFE) | 0 | 0 |
| Dietary Fiber (2016) (g) | 0.00 | 0.00 | Vitamin K (mcg) | 0 | 0 |
| Soluble Fiber (2016) (g) | 0 | 0 | Pantothenic Acid (mg) | 0 | 0 |
| Total Sugars (g) | 11.52 | 38.40 | Minerals | | |
| Added Sugar (g) | 11.52 | 38.40 | Calcium (mg) | 3.41 | 11.38 |
| Monosaccharides (g) | 0 | 0 | Chromium (mcg) | 0.03 | 0.10 |
| Disaccharides (g) | 0 | 0 | Copper (mg) | 0.00 | 0.00 |
| Other Carbs (g) | 6.30 | 21.01 | Fluoride (mg) | 0 | 0 |
| Fat (g) | 0.05 | 0.16 | Iodine (mcg) | 0.29 | 0.98 |
| Saturated Fat (g) | 0.01 | 0.02 | Iron (mg) | 0.02 | 0.05 |
| Mono Fat (g) | 0.00 | 0.01 | Magnesium (mg) | 0.00 | 0.00 |
| Poly Fat (g) | 0.00 | 0.00 | Manganese (mg) | 0.00 | 0.00 |
| Trans Fatty Acid (g) | 0.00 | 0.00 | Molybdenum (mcg) | 0.06 | 0.19 |
| Cholesterol (mg) | 0.00 | 0.00 | Phosphorus (mg) | 0.00 | 0.00 |
| Water (g) | 5.40 | 18.00 | Potassium (mg) | 21.08 | 70.27 |
| Vitamins | | | Selenium (mcg) | 0.06 | 0.19 |
| Vitamin A - IU (IU) | 5.69 | 18.95 | Sodium (mg) | 49.71 | 165.71 |
| Vitamin A - RE (mcg) | 0 | 0 | Zinc (mg) | 0.00 | 0.00 |
| Vitamin A - RAE (mcg) | 0.11 | 0.38 | Poly Fats | | |
| Carotenoid RE (mcg) | 0 | 0 | Omega 3 Fatty Acid (g) | 0 | 0 |
| Retinol RE (mcg) | 0 | 0 | Omega 6 Fatty Acid (g) | 0 | 0 |
| Beta-Carotene (mcg) | 0 | 0 | Other Nutrients | | |
| Vitamin B1 (mg) | 0 | 0 | Alcohol (g) | 0.07 | 0.23 |
| Vitamin B2 (mg) | 0 | 0 | Caffeine (mg) | 51.38 | 171.26 |
| Vitamin B3 (mg) | 0 | 0 | Choline (mg) | 0 | 0 |
| Vitamin B3 - Niacin Equiv (mg) | 0 | 0 | | | |

Note: 99.9% (21.06 mg/30 g serving) is coming from the Potassium Citrate.

| Nutrition Information / Information Nutritionnelle / Durchschnittliche Nährwertinformationen / Ravintosisältö / Näringsvärde / Næringsinformasjon | Per / Par / Pro 100 g | RI / VNR / NRV * | Per recommended daily dose / Par dose journalière recommandée / Pro empfohlener täglicher Verzehrsmenge / Suositeltava vuorokausiannos sisältää / Per rekommenderad dos för dagligt intag / Per anbefalt døgndose (4 pieces / gommes / Stücke / palaa / stycken / biter) | RI / VNR / NRV* |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------|-------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------|
| Energy / Energie / Energie / Energia / Energi | 1348 kJ / 317 kcal | | 539 kJ / 127 kcal | |
| Fat / Matières grasses / Fett / Rasva / Fett | <0,5 g | | <0,5 g | |
| of which saturates / dont acides gras saturés / davon gesättigte Fettsäuren / josta tyydyttyynyttä / varav mättat fett / hvorav mettede fettsyrer | 0 g | | 0 g | |
| Carbohydrate / Glucides / Kohlenhydrate / Hiilihydraatit / Kolhydrat / Karbohydrater | 77,5 g | | 31 g | |
| of which sugars / dont sucres / davon Zucker / josta sokereita / varav sockerarter / hvorav sukkerarter | 38 g | | 15 g | |
| Fibre / Fibre / Ballaststoffe / Ravintokuitu / Fiber / Kostfiber | 1,2 g | | 0,5 g | |
| Protein / Protéines / Eiweiß / Proteiini | 1,1 g | | 0,4 g | |
| Salt / Sel / Salz / Suola | 0,42 g | | 0,17 g | |
| Potassium / Kalium | 70,3 mg | 3,5% | 28,1 mg | 1,4% |
| <i>Camellia sinensis</i> extract / extrait / Extrakt / Uute / ekstrakt / ekstrakt | ≤1 g | | ≤1 g | |
| of which caffeine / dont caféine / davon Koffein / josta kofeiinia / varav koffein / hvorav koffein | 171 mg | | 68,4 mg | |

*Reference Intake / **Valeurs Nutritionnelles de référence** / Nährstoffbezugswerte / Ravintoaineiden Vertailuarvo / Referensvärde för Näringsinnehåll / Referanseinntak

DOMESTIC INGREDIENTS

INGREDIENTS: Tapioca Syrup, Cane Sugar, Maltodextrin, Gelling Agent: Pectin, Acid Regulator: Citric Acid, Green Tea Extract (*Camellia sinensis*, Contains Caffeine), Natural Flavor, Potassium Citrate; Colored with Carrot, Blueberry, and Black Currant Juice Concentrates; Sea Salt, Glazing Agents: Sunflower Oil, Carnauba Wax.

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|---------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| UK, IE | INGREDIENTS: Tapioca Syrup, Cane Sugar, Maltodextrin, Gelling Agent: Pectin, Acidity Regulator: Citric Acid, Green Tea Extract <i>Camellia sinensis</i> (Contains Caffeine), Natural Flavouring, Potassium Citrate, Carrot Juice Concentrate, Blueberry Juice Concentrate, Black Currant Juice Concentrate, Sea Salt, Sunflower Oil, Glazing Agent: Carnauba Wax. |
| FR | INGREDIENTS INGRÉDIENTS : Sirop de tapioca, sucre de canne, maltodextrine, gélifiant : pectine, correcteur d'acidité : acide citrique, extrait de thé vert <i>Camellia sinensis</i> (contient de la caféine), arôme naturel, citrate de potassium, jus de carottes concentré, jus de myrtilles concentré, jus de cassis concentré, sel de mer, huile de tournesol, agent d'enrobage : cire de carnauba. |
| DE | ZUTATEN: Tapiokasirup, Rohrzucker, Maltodextrin, Geliermittel: Pektin, Säureregulator: Citronensäure, Grüntee-Extrakt <i>Camellia sinensis</i> (Enthält Koffein), Natürliches Aroma, Kaliumcitrat, Karottensaftkonzentrat, Blaubeersaftkonzentrat, Saftkonzentrat der schwarzen Johannisbeere, Meersalz, Sonnenblumenöl, Überzugmittel: Carnaubawachs. |
| FI | AINESOSAT: Tapioca-siirappi, ruokosokeri, maltodekstriini, hyytelöimisaine: pektiini, happamuudensäätöaine: sitruunahappo, vihreä tee -uute <i>Camellia sinensis</i> (sisältää kofeiinia), luontainen aromi, kaliumsitraatti, porkkanamehutiiviste, mustikkamehutiiviste, mustaherukkamehutiiviste, merisuola, auringonkukkaöljy, pintakäsittelyaine: karnaubavaha. |
| SE | INGREDIENSER: Tapiokasirap, rörsocker, maltodextrin, geleringsmedel: pektin, surhetsreglerande medel: citronsyra, extrakt av grönt te <i>Camellia sinensis</i> (innehåller koffein), naturliga aromer, kaliumcitrat, koncentrat av morotsjuice, koncentrat av blåbärsjuice, koncentrat av svartvinbärsjuice, havssalt, solrosolja, ytbehandlingsmedel: karnaubavax. |
| NO, DK | INGREDIENSER: Tapiokasirup, rørsukker, maltodekstrin, geleringsmiddel: pektin, surhetsregulerende middel: sitronsyre, ekstrakt av grønn te <i>Camellia sinensis</i> (inneholder koffein), naturlig aroma, kaliumsitrat, konsentrat av svart gulrotjuice, konsentrat av blåbærjuice, konsentrat av solbærsaft, havsalt, solsikkeolje, overflatebehandlingsmiddel: karnaubavoks. |

ALLERGEN STATEMENT:**NONE.**

| I. CLAIMS / CERTIFICATIONS SUMMARY | |
|------------------------------------|----------|
| Certifications | Yes / No |
| Made with Organic – 70% - 95% | N |
| Organic – 95%-100% | N |
| Kof-K Kosher | N |
| OU Kosher | N |
| Kosher Parve | N |
| Kosher Dairy | N |

| Final Claims / Statements | Required | Permitted |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------|----------------------------------|
| FUEL FOR ADVENTURE® | x | x |
| Not for resale in the U.S. | x | Wrappers only: Mid-back panel |
| +CAFFEINE | x | Omit caffeine level |
| <p>Contains caffeine. Not recommended for children or pregnant women (68,4 mg caffeine per recommended daily dose).</p> <p>Contient de la caféine. Déconseillé aux enfants et aux femmes enceintes (68,4 mg de caféine par dose journalière recommandée).</p> <p>Enthält Koffein. Für Kinder und schwangere Frauen nicht empfohlen (68,4 mg Koffein pro empfohlener täglicher Verzehrsmenge).</p> <p>Sisältää kofeiinia. Ei suositella lapsille eikä raskaana oleville (Suositeltava vuorokausiannos sisältää 68,4 mg kofeiinia).</p> <p>Innehåller koffein. Rekommenderas ej för barn och gravida (68,4 mg koffein per rekommenderad dos för dagligt intag).</p> <p>Inneholder koffein. Anbefales ikke for barn eller gravide kvinner (68,4 mg koffein per anbefalt døgndose).</p> | x | |
| <p>Recommendations for use: Up to 4 pieces a day depending on activity. Eat 3 to 4 pieces every hour during activity. Always follow consumption with water.</p> <p>Warnings: Do not exceed the recommended daily dose. Food supplements are not to be used as a substitute for a varied diet. Product must be stored out of the reach of young children.</p> <p>Recommandations d'emploi : Prendre jusqu'à 4 paquets par jour en fonction de l'activité. Un paquet 15 minutes avant l'activité. Un paquet par heure pendant l'activité. Toujours boire de l'eau après consommation. Précautions : Ne pas dépasser la dose journalière recommandée. Les compléments alimentaires ne doivent pas être utilisés comme substituts d'un régime alimentaire varié. Ne pas laisser à la portée des jeunes enfants.</p> | x | x |

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| <p>Anwendungsempfehlung: Bis zu 4 Packungen am Tag, je nach Aktivität. Eine Packung 15 Minuten vor dem Sport. Eine Packung jede Stunde während des Sports. Einnahme immer mit Wasser. Warnhinweise: Die angegebene empfohlene tägliche Verzehrsmenge darf nicht überschritten werden. Nahrungsergänzungsmittel sollten nicht als Ersatz für eine ausgewogene und abwechslungsreiche Ernährung verwendet werden. Produkt außerhalb der Reichweite von kleinen Kindern aufbewahren.</p> <p>Käyttösuositukset: Aktiivisuudesta riippuen, enintään 4 palaa vuorokaudessa. Nauti 3–4 palaa joka tunti suorituksen aikana. Nauti annos aina veden kanssa.</p> <p>Varoitukset: Suositeltua vuorokausiannosta ei saa ylittää. Ravintolisiä ei tule käyttää monipuolisen ruokavalion korvikkeena. Tuote on säilytettävä pienten lasten ulottumattomissa.</p> <p>Rekommendationer för användning: Upp till 4 stycken per dag beroende på aktivitet. Ät 3 till 4 stycken varje timme under aktivitet. Drick alltid vatten i samband med konsumtionen. Varning: Överskrid inte den rekommenderade dosen för dagligt intag. Kosttillskott bör inte användas som alternativ till en varierad kost. Produkten ska förvaras utom räckhåll för små barn.</p> <p>Bruksanvisning: Inntil 4 biter per dag avhengig av aktivitetsnivå. Spis 3 til 4 stycken hver time med aktivitet. Konsumpsjon må alltid etterfølges av vanninntak.</p> <p>Advarsel: Ikke overskrid den anbefalte døgndosen. Kosttilskuddet bør ikke brukes som erstatning for et variert kosthold. Produktet må oppbevares utilgjengelig for barn.</p> | | |
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| | Best Before: BLOKS caddies | Best Before: BLOKS wrappers |
|---------------|-------------------------------------------------------------|--------------------------------------------------------------|
| UK, IE | Best before: See base of pack. | Best before: See below barcode. |
| FR | À consommer de préférence avant le: Voir dessous du paquet. | À consommer de préférence avant le: Voir sous le code barre. |
| DE | Mindestens haltbar bis: Siehe Verpackungsboden. | Mindestens haltbar bis: Siehe unterhalb Strichcode. |
| FI | Parasta ennen: Katso pakkauksen pohja. | Parasta ennen: Katso viivakoodin alapuolelta. |
| SE | Bäst före: Se förpackningens undersida. | Bäst före: Se nedanför streckkoden. |
| NO, DK | Best før: Se nederst på pakningen. | Best før: Se strekkode nedenfor. |

| REQUIRED COPY: "Open Here for Nutritional Information" | |
|--------------------------------------------------------|----------------------------------------------|
| Note: Required on front panel of sticker booklet | |
| UK, IE | Open Here for Nutritional Information |
| FR | Ouvrir ici pour l'information nutritionnelle |
| DE | Hier öffnen für Nährwertinformationen |
| FI | Avaa tästä ravitsemuksellisia tietoja |
| SE | Öppna här för näringsinformation |
| NO, DK | Åpne her for ernæringsinformasjon |

| II. CONFIGURATION AND WEIGHTS | | |
|-------------------------------|--------|-----------------------|
| | Unit | 18 Count |
| Weight – Grams | e 60 g | e 1,08 kg (18 x 60 g) |

| III. UPC CODES | | | |
|----------------|------------------|------------------|------------------|
| | Unit | 18 Count | Mastercase |
| EAN Codes | 12-00105-00001-4 | 12-00105-00007-6 | 01200105-00023-6 |

| CONFIGURATIONS, WEIGHTS, AND UPCs – BRAND | | |
|-------------------------------------------|--------|----------------------|
| Configuration | Bar | 18ct |
| Weight – grams | e 60 g | e 1,08 kg (18 x 60g) |

| | | | | |
|-------------------------------------------------------------------------|--------------------------|----------------------------------|------------------------------------------------------------------------------------------------------|----------------------------------|
| Nutrition Information / Valeurs nutritionnelles / Nährwertinformationen | Per / Par / Pro 100 g | % RI / AR / NRV* (100g) | Per recommended daily dose / Par dose journalière recommandée / Pro empfohlener | % RI / AR / NRV* (120g) |
|-------------------------------------------------------------------------|--------------------------|----------------------------------|------------------------------------------------------------------------------------------------------|----------------------------------|

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